

# Take Control In 2022!

Take the First Step- Because You Can!



## Become the 'Best You' – Unlock Your Potential

### **Seize the Opportunity to:**

*Develop A Career Path and Employability Skills*

*Build Financial Wellness*

*Improve Mental Health and Wellbeing — Create a 'healthier you'*

*Develop Leadership and Success Skills*

*Necessity Package Supports (food, clothing, and basic need supplies); And More...*

**Criteria:** Women (18-39, inclusive) who are ready to make the necessary changes to move forward and improve their life situation, attend daytime classes, must have basic computer skills, good command of the English language (level 7), legally permitted to attend college and work in Canada.

Please note: **Participants cannot be a part of another program.**

**Status:** Must be Unemployed (not collecting EI), on Social Assistance (or) living in a shelter. Participants must have **High School or GED** to be accepted.

**IF YOU ARE READY TO MAKE A POSITIVE CHANGE IN YOUR LIFE**

Email: [info@newbeginningsprogram.ca](mailto:info@newbeginningsprogram.ca)

**Only 10 Spots left- June 14, 2022**

For more info visit: [www.newbeginningsprogram.ca](http://www.newbeginningsprogram.ca)

## Your Pathway to a Better Career



**Humber College** - Business Office Technology Certificate: Digital Literacy, Introduction to Business Office Essentials, Business Computer Applications, Marketing Essentials & Fundamentals and Social Media Advertising

**Criteria:** Women 18-39 (inclusive), High school (or) GED. Must have basic computer skills. Legally able to work in Canada. Work Permits Accepted. Paid Internships. Strong command of the English language (level 7). Must be **Unemployed** & attend daytime classes (online).

IF YOU WOULD LIKE TO FURTHER YOUR EDUCATION AND CREATE A CAREER PATH

Please email us at: [info@newbeginningsprogram.ca](mailto:info@newbeginningsprogram.ca)