



*Empowers women to become self-sufficient, self-confident, career-oriented and employable.*

## DO YOU WANT A BETTER FUTURE?

*Learn new skills free of charge!*



- Life-Improvement Training - Become the 'Best You'
- Leadership and Empower Me Workshops
- Build a Stable Financial Future
- Higher Education Assistance

- Career Development and Employability Training
- Paid Internships
- Health & Wellness - Become a Healthier You
- Care Package Support (food, clothing and basic needs supplies)

**Criteria:** Women age 18-39 (inclusive) who are ready to make the necessary changes to move forward and improve their life situation, attend day time classes, must have basic computer skills, good command of the English language (level 7), legally permitted to attend college and work in Canada (**work permits accepted**). Preference will go to lone women and single moms from single income households.

Please note: **Participants cannot be a part of another program.**

**Status:** Must be Unemployed (not collecting EI), on Social Assistance (or) living in a shelter. Participants must have **High School or GED** to be accepted.

**IF YOU ARE READY TO MAKE A POSITIVE CHANGE**



Email: [info@newbeginningsprogram.ca](mailto:info@newbeginningsprogram.ca)  
**10 Spots Available- August 24, 2021**

120 Carlton street, Suite 418, M5A 4K2, Toronto, Canada  
For more info visit: [www.newbeginningsprogram.ca](http://www.newbeginningsprogram.ca)

## YOUR PATHWAY TO A BETTER CAREER

### Humber College - Digital Business Office Technology Certificate

- Digital Literacy
- Introduction to Business
- Office Essentials
- Business Computer Applications
- Marketing Essentials & Fundamentals
- Social Media Advertising
- Time Management
- Paid Internships

#### *Criteria* • And more...

- Age 18-39 inclusive
- High school (or) GED
- Must have basic computer skills
- Legally able to work in Canada (work permits accepted)
- Strong command of English language (level 7)
- Unemployed & Must attend day time classes

**IF YOU WOULD LIKE TO FURTHER YOUR  
EDUCATION AND DEVELOP A CAREER PATH**

Email: [info@newbeginningsprogram.ca](mailto:info@newbeginningsprogram.ca)

20 Spots Available  
For more information: [www.newbeginningsprogram.ca](http://www.newbeginningsprogram.ca)